



Child STEPs Information for Families

January 17, 2007

Child System and Treatment Enhancement Projects - CTP

What is Child STEPs?

Child STEPs is a research study funded by John D. and Catherine T. MacArthur Foundation that is examining behavioral health treatments for children

Goals:

- *To find out which treatments work best for children with **Anxiety, Depression, and/or Behavior Problems** in clinics and schools*
- *To improve and develop treatments for childhood problems*

Who is Child STEPs for?

- *Children with **Anxiety, Depression, and/or Behavior problems** and their families*
- *Children ages 8-13 years old*

Treatments:

- *Treatments that have been used at clinics and schools in the past*
- *2 Treatments that have been shown to be helpful for children and their families in other settings*

Benefits for Children and Families:

- *Compensation for every contact with project staff for you and your child*
- *Free Psychological Assessment(s)*
- *Referral for services*
- *May improve your child's classroom behavior and academic performance*
- *May increase family harmony*
- *May feel better discussing problems with project staff and therapist*
- *Information you provide will help improve and develop treatments for childhood problems*

What are Compensated Times? (Approximated)

- *Initial Assessment = 2 hours*
- *Weekly Phone Calls = 5 minutes each*
- *Phone Calls at 3, 6, 9, and 18 months = 30 minutes each*

- *Phone Calls at 12 and 24 months = 50 minutes each*
- *Assessment after Treatment = 2 hours*
- *Optional Parent Opinion Survey = 30-60 minutes*
- *Optional Focus Group = 1-2 hours*

Other Important Information

- *Information you provide is Confidential! (unless safety is at risk)*
- *Participation WILL NOT affect regular treatment scheduling or school affiliation*
- *If ineligible for the study, treatment will continue according to the usual school or clinic procedures*

Where is Child STEPs Available?

- Boston, MA: *Contact the Judge Baker Children's Center at Harvard University in Boston*
 - Address: Judge Baker Children's Center
Harvard Medical School
53 Parker Hill Avenue
Boston, MA 02120
Phone Number: (617) 278-4168
- Honolulu, HI: *Contact the Center for Cognitive-Behavioral Therapy at the University of Hawaii at Manoa in Honolulu*
 - Address: Child STEPs, University of Hawaii
1601 East West Road #4021
Honolulu, HI 96848
Phone Number: (808) 944-7715
Fax Number: (808) 956-2218